

Draft Programme of Our Event

Title: Rethink & Revive: Circular Living in Action

Date: Within the last week of June

Location: Athens

Duration: 3-4 Hours

Agenda

1. Opening Remarks (15 min)
 - Brief introduction to the workshop and its objectives
 - Icebreaker activity: "What does circular economy mean to you?" (participants share quick thoughts)
 - Overview of the agenda
2. Understanding the Circular Economy (Interactive Presentation & Discussion) (30 min)
 - Key principles of circular economy (reduce, reuse, recycle, repair, and regenerate)
 - Real-world examples of successful circular economy models
 - How does circularity improve the overall quality of life
 - Quick interactive poll: "Which circular practices do you already use?"
3. Practical Solutions: How to Apply Circular Practices (Group Discussion & Brainstorming) (30 min)
 - Small group activity: Identifying wasteful habits and brainstorming circular alternatives
 - Sharing solutions: How to repair, repurpose, and upcycle everyday items
 - Highlighting innovative businesses and community initiatives in circular economy
4. Hands-on Upcycling Workshop (Practical Activity) (60 min)
 - Participants work with provided materials (e.g., textiles, packaging, small household items)
 - Guided DIY upcycling session: transforming waste into new, useful items
 - Sharing creations and discussing potential applications
5. Wrap-Up & Closing Remarks (45 min)
 - Group brainstorming session: Based on the examples presented suggest solutions that could be beneficial in your communities
 - Key takeaways from the session
 - Q&A and open discussion
 - Closing remarks, resources for further learning & invitation to stay connected and continue engaging in circular economy initiatives