



A Small Garden, A Big Deal.

Eco Workshops for Preschoolers

 EU
GREEN
WEEK



Integrated LIFE project "Silesia. Blue Sky Restored". Comprehensive implementation of the Air Quality Plan for the Silesian Voivodeship. LIFE20 IPE/PL/000007 - LIFE-IP AQP-SILESIA-SKY

A Small Garden, A Big Deal. Eco Workshops for Preschoolers



When: 9 June 2026, 10:00 – 12:00

Where: Kindergarten No. 18, ul. Zofii Kossak-Szatkowskiej 6, 43-400 Cieszyn

Host: Ewa Chrobok, eco-manager of the Cieszyn Municipality

The initiative is an official EU Green Week Partner Event.

Can preschoolers invest in nature? Absolutely. All it takes is curiosity, creativity and cooperation with parents. During ecological workshops in Cieszyn, the youngest participants together with their caregivers will discover that caring for the environment can begin with simple everyday choices and joyful shared activities.

The meeting will focus on the basic principles of protecting nature. In an engaging and accessible way, children will learn why waste sorting matters, how everyday objects can be given a second life and why protecting nature is important for the health of people and animals. Instead of a traditional lesson, participants will take part in interactive games and conversations showing that even the smallest actions can make a difference.

The highlight of the workshops will be the joint creation of gardens in jars. Children and parents will prepare their own miniature plant compositions – small ecosystems that can be taken home. During the activity participants will learn about the role of plants in our environment and discover how greenery supports air quality and human well-being.

The workshops will also demonstrate that items often considered waste can become valuable materials for creative activities. Through practical experience children will learn what reuse means and why reducing waste is important for protecting natural resources.

The meeting has a family and intergenerational character. Creating a garden in a jar together will be an opportunity to talk about nature, cooperation and building positive environmental habits from an early age. Experiences like these help children see nature as something close, valuable and worth caring for.

The workshops also show that investing in nature begins with education and everyday action. A small garden in a jar can become a symbol of this idea – a daily reminder that everyone can contribute to protecting the environment, even from the earliest years.

The event is organised as part of the project "Silesia. Blue Sky Restored".



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