



What About That Bag

Eco-Workshops for Seniors



Silesian
Voivodeship

gmina
BOJSZOWY

LIFE20 IPE/PL/000007 - LIFE-IP AQP-SILESIA-SKY

What About That Bag?

Eco-Workshops for Seniors

When: 11 June 2025, 10:00 - 12:00

Where: Centrum Usług Społecznych Senior+, Ruchu Oporu 100,
43-220 Bojszowy Nowe

Who: Joanna Dudek, eco-manager of the Municipality of Bojszowy



Are plastic bags really the only option? "What About That Bag?" is a workshop for seniors that will demonstrate how to shop more consciously, sustainably, and healthily. Participants will learn how to avoid unnecessary packaging, choose environmentally friendly products, and create their own shopping bags from recycled materials.

What's in store for participants?

- Eco-friendly and healthy shopping list – A collaborative session on how to buy smarter, reduce waste, and avoid unnecessary plastic packaging. What products are best for the environment? What to consider when choosing food and cosmetics?
- Is plastic really everywhere? – An analysis of common products and their packaging. How can we reduce plastic use, and why does it matter for both the environment and our health?
- Upcycling workshop – Sewing your own eco-bag – Participants will learn how to turn old T-shirts, pillowcases, or fabrics into practical shopping bags. This is a great way to repurpose textiles that often end up as waste.

Why join?

- Less plastic = cleaner air and environment – Reducing single-use packaging is a step toward a circular economy.
- Conscious consumer choices – Seniors will learn how to avoid excess chemicals and plastic in everyday life.
- Practical solutions – Instead of buying another shopping bag, they can make a unique, reusable one themselves.

"What About That Bag?" is a workshop that inspires change in everyday habits, proving that even the simplest decisions can have a positive impact on the environment.

This event is organized as part of the LIFE project "Silesia. Blue Sky Restored."

I invite you
Joanna Dudek



przywracamyblekit.slaskie.pl



[slaskie.przywracamy.blekit](https://www.facebook.com/slaskie.przywracamy.blekit)



[slaskie.przywracamy.blekit](https://www.instagram.com/slaskie.przywracamy.blekit)



[@SlaskiePrzywracamyBlekit](https://twitter.com/SlaskiePrzywracamyBlekit)



10 minut błękitu