



A Small Garden, a Great Adventure

Children's Day in Harmony with Nature

 EU
GREEN
WEEK



Integrated LIFE project "Silesia. Blue Sky Restored". Comprehensive implementation of the Air Quality Plan for the Silesian Voivodeship. LIFE20 IPE/PL/000007 - LIFE-IP AQP-SILESIA-SKY

JA Small Garden, a Great Adventure. Children's Day in Harmony with Nature



When: 4 June 2026, 10:00 – 13:00

Where: Primary School in Iwanowice Duże, ul. Częstochowska 63, Iwanowice Duże, 42-152 Opatów

Hosts: **Monika Cipcińska**, eco-manager of the Opatów Municipality, and **the Head of the Primary School** in Iwanowice Duże

The initiative is an official EU Green Week Partner Event.

Can the best lesson about nature take place outside the classroom, in a school garden and a nearby forest? During the event “Children’s Day in Harmony with Nature”, students from grades 1–3 of the primary school in Iwanowice Duże will discover that nature can be the best teacher and that caring for the environment begins with what ends up on our plates.

The event will begin in the school vegetable garden, where children will participate in workshops led by an eco-manager. Participants will learn the basic principles of ecological plant cultivation and discover how natural fertilisers and compost help plants grow without the use of chemicals. Children will see how compost is created and understand why it is so important for healthy soil and for natural cycles in ecosystems.

The workshop will also address the relationship between air quality and food production. Students will learn how air pollution can affect plants and crops, and why clean air is essential not only for human health but also for the quality of the food we grow and consume.

The next part of the event will involve harvesting fresh vegetables from the school garden. The collected produce will be used to prepare simple and healthy snacks and sandwiches that the children will take with them for a picnic. This hands-on experience will show that fresh, locally grown food can be both delicious and environmentally friendly.

After working in the garden, participants will take a short nature walk to a nearby forest, where they will choose a place for their picnic. Blankets and baskets filled with the prepared food will be spread out on a clearing. Surrounded by nature, children will enjoy a shared meal, relax and talk about the plants and animals that live in the forest.

“Children’s Day in Harmony with Nature” demonstrates that investing in nature begins with educating the youngest generations and building a connection with the natural world through direct experience. Activities like this help children understand that the natural environment, healthy food and air quality are closely connected, and that caring for nature can be an adventure full of discovery and shared experiences.

The event is organised as part of the project “Silesia. Blue Sky Restored”.



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